



# Suicide Prevention Coalition of Jefferson, Clear Creek, & Gilpin

## **Introductions and Icebreakers (10 Min)**

- In attendance: Ashleigh Phillips, Lorrie Odom, Deb Gopstein, Erica Haag, Annette Cannon, Alisa Shanks, Rebecca Mitchell, Kari Eckert

## **Robbie's Hope Gala (10 Min)** Kari Eckert

- Sharing out about the Gala
  - A success last week with fundraising for events.
  - About 200 people attended and supported the arts this year with teenage art.
- Sharing about Robbie's Hope, mission, influence and work
  - Learned about teenager passion and support and bringing the youth's voice to the table and talking with them and not talking at them.
  - Bringing solutions and not just talking around the problem.
  - Community is one of the pillars for resilience and we live in a different time, so Robbie's Hope shifted online and it went nation wide! It's grown tremendously.
  - Non-evidenced based program
    - Raising funds by sharing story and Jefferson County is supportive.
  - Work really hard to bring other organizations to the table.

## **Bridging the Divide Conference (10 Min)**

- Sharing of what was learned for those that attended/key take aways/action items
  - Discussion of bringing a key note speaker to JeffCO public schools to give a presentation
  - Feeling like the work is in silos – the conference was a step in the right direction
  - Presentation had some outdated information
  - Crisis Response Team as helpful.
- Joining the CDPHE Commission meetings. Next one is Friday, April 26<sup>th</sup>: [Sign up here and learn more about their workgroups](#)

## **Workgroup Updates (10 Min)**

- **Discussion of round table ideas and dates.**
- *High-risk Industry update (Rebecca)*
  - *Meeting with Dr. Sally Spencer-Thomas*
- *Economic Stability and Support update*
  - *Flyer with information*
- *Faith-based*
  - *David – Soul Shop* is just an incredible presenter and the workshop. Would like to keep funding.
- *Gun Shop Project* – Student led discussion of lethal means
  - DPS put out a letter about reducing access to lethal means – enrollment information about policy for lethal means: [Statement on Gun Violence Prevention | Denver Public Schools \(dpsk12.org\)](#)
  - 18-24 year old age group doing work around limiting means: [Team ENOUGH — Young people ending gun violence](#)



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## CNC Data: Why it's important and what you get out of it (15 Min)

- Local Partners Survey from Tate Steidley
- Quarterly Report Survey from Rachel, **Due 4/25/24**: <https://forms.gle/BUET2muBwtosHGEN7>

## Budget Discussion for upcoming fiscal year (20 Min):

- **Budget Guidelines (See below at the end of agenda).**
- Process of creating the new budget.
- Discussion around what efforts the coalition would like to see funded
  - Bridging the Divide
- Still have funds for a QPR training, and Sources of Strength training.
  - Ashleigh Phillips – has a candidate for QPR Christina Doland for QPR
  - Kari and Deb to connect about going to a T-4-T for Sources of Strength
  - Discussion about inviting Sources for a Wellness presentation
  - Training:
    - Zero Suicide Training
    - ASIST Trainings
    - Sources of Strength
    - AAS conference annually – academic heavy blending survivor experiences and research – considering paying for registration and trying to alleviate barriers for folks to attend.
    - NAMI conference in June

## Surveys and Data collection (10 Min)

- Continued meetings with Rebecca
  - Please look for emails from her, as she makes her way through making personal connections with different coalition members.

## Other events coming up (5 Min)

- Friday, April 26<sup>th</sup> 9am-1pm 2024 Quarterly Commission Meeting through the Office of Suicide Prevention. It's open to the public and is in person and online. [How can I participate in the Commission? | Department of Public Health & Environment \(colorado.gov\)](#)
- May 8<sup>th</sup> – Erica Haag and Resilience 1220 has event on the 8<sup>th</sup> of May – tickets are selling fast! Link below:
  - [5th Annual Elevating Youth Mental Health Fundraiser | Resilience1220](#)
- April 24<sup>th</sup> In Idaho Springs for Veterans
  - Challenges with getting support and offering solutions: [Calendar | Resilience1220](#)
- Mental Health Month in May



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- CBHC pushing out MHFA classes and specialty classes
- [Find A Class \(mhfac.org\)](http://mhfac.org)

## ACTION ITEMS

|  |   |
|--|---|
| <ul style="list-style-type: none"> <li>• Looking at the data – Kylie to present</li> </ul>   | <ul style="list-style-type: none"> <li>• Deb Gopstein to email Kari Eckert and Rebecca Mitchell about T4T with Sources of Strength</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Further discussion of budget – Rebecca will create another meeting to just discuss budget</li> </ul>  | <ul style="list-style-type: none"> <li>• Rebecca Mitchell to connect with Ashleigh Phillips for QPR training</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Round table discussions for Veteran spaces, High Risk Industry, and Faith Based workgroups</li> </ul> | <ul style="list-style-type: none"> <li>• Deb Gopstein will report back after AAS conference – discuss ability to send a member for next year.</li> </ul>                                    |
| <ul style="list-style-type: none"> <li>• Whole coalition to brainstorm ideas for funding opportunities.</li> </ul>                             | <ul style="list-style-type: none"> <li>• Rebecca to add to agenda for next time: Discussion of postvention and planning, roundtables, budget, and data/access to data dashboard.</li> </ul> |

## **FY24 Spending Guidance - Allowable Strategies for General Fund (GF) Dollars (\$100,000)**

### General

- Staff time
- Data support for CNC data dashboard
- Supplies for community engagement and stakeholder meetings to determine community needs and existing activities, partnership activities (**food only allowable with GF dollars**)
- Strategies to infuse equity for each of the below

### Access to Safer Suicide Care

- Gatekeeper training for staff in primary care settings
- Utilize funds to promote/distribute Suicide Prevention Toolkit for CO Primary Care Providers
- Promotion/Dissemination of CALM training

### Connectedness



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- Community action planning roundtable to identify and implement community/population specific need
  - Please refer to pillar for more details on the round table guidelines
- Outreach and inclusion of BIPOC communities, LGBTQ+ communities, anti-racism and anti-discrimination strategies
  - Increase opportunities for safe space and inclusive community events, gatherings and meaningful social interaction
- Organizational Policy & Culture
  - Workplace connectedness strategies aligned with pillar
- Connectedness projects, events, support for:
  - Priority populations - Older Adults, BIPOC communities, LGBTQ+ communities, etc.
  - Workplaces
- Parenting skills program
  - Identify at least one youth serving organization within the county that can provide at least one evidence-based parenting program promoting parent-child connectedness and develop an implementation plan
- Man Therapy promotion strategies
- Operation Veteran Strong promotion strategies
- Strategies to promote behavioral health including opportunities for peer support and teaching coping and problem solving skills
- Youth and school based connectedness projects

## Economic Stability

- Community Roundtables
  - A potential solution to having folks make coalition commitments if you struggle with this in your community
  - Please refer to pillar for more details on the round table guidelines
- Direct funding to projects that increase access to food security programs
- Direct funding to projects that affordable housing and transportation
- Direct funding to projects that affordable quality childcare
- Join at least 1 local housing/homelessness coalition or task force meeting to identify collaboration opportunities
- Identify and develop concrete action steps for awareness and education (not implementing) on 2-3 policy level solutions that align with Preserving Protecting, and Expanding Affordable Housing, A Policy Toolkit For Public Health to increase affordable housing countywide.

## Education & Awareness

- OSP approved gatekeeper trainings (QPR, MHFA, ASIST, etc..)
  - BIPOC communities



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- LGBTQ+ communities
- Older adult serving orgs
- Get yourself trained as a trainer
- Fund an outside person to do these trainings
  - Fund an outside person to target specific populations
    - Spanish speaking communities
- Suicide Prevention & Awareness Campaign dissemination

## Lethal Means Safety

- Lethal Means Safety Training
  - Funding to support staff and supplies to engage justice-related services and organizations with lethal means safety and suicide prevention resources/materials
  - Funding to provide access to organizational policy development toolkits and resources
- Medication Take Back promotion
- Safe Storage Public Messaging campaign promotion
- Best Practice Opioid Prescribing Guidelines dissemination

## Postvention

- Survivor Outreach and Support
  - Increase outreach and support to different populations, languages to be more equitable
    - BIPOC communities
    - LGBTQ+ communities
    - Loss survivors
    - Attempt survivors
    - Older adults
    - Spanish or other language
- Organizational Policy Development
  - Support staff and supplies for organizational engagement for the development of internal policies and protocols for responding to crisis and loss
- Training
  - Create/host postvention trainings
- Refining Community Postvention Response Team and Plan
  - Updating plan as needed
  - Outreach and inclusion of diverse and representative community members not involved in FY24 draft
  - What funds do you need to maintain your team and plan?
- Responsible Messaging and Media Reporting
  - Resource dissemination



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- Create and offer this as a training vs just material distribution
- Survivor outreach and support
  - Conduct outreach to the primary CMHC serving the county, BH & Substance Use Disorder treatment or counseling practice agency, and county hospital/EDs to support the development of the following: Written postvention response procedures and protocols, written policy on survivor outreach and support, and internal policy to support clinicians, therapists, and staff who experience suicide attempt or loss of client.

## **NSSP Guidelines (\$10,000)**

- Priority populations: Older Adults, Adult Males, Rural communities, Tribal communities (adults = ages 25+)
- May use up to \$5,000 to support staff salaries, if needed
- At minimum \$5,000 for line items specifically for strategies aligned with [connectedness](#), [economic stability](#), and/or [education & awareness](#) pillars
  - Goals:
    - Increase local partnerships on connectedness and economic stability strategies by 3 new partnerships
    - Expand training/workforce development activities and evidence-based gatekeeper trainings to reach at least 50 people
  - Examples:
    - Partner with an [older adult, adult male, rural adults, and/or Tribal adults]-serving organization to provide a connectedness- or economic stability-focused event
    - Provide gatekeeper training for an [older adult, adult male, rural adult, and/or Tribal adult] serving organization
- There will not be a new deliverable tied to this grant funding - rather, it should be communicated to Dymond (and/or Kaleigh) via your monthly report when an activity has been completed.

## **Expenses not allowed by either funding stream**

- Direct Services (treatment programs, or to encourage attendance with treatment, counseling services, therapy, post-hospital care, etc.)
- Direct payments to individuals to incentivize them to enter prevention or treatment services
- Services/projects already paid for by the OSP or other state funds (ex: Paying for a CAMS training, when OSP already funds CAMS for statewide access)
- Others projects already completed or not in line with your CNC Statement of Work
- Lobbying, law suits





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- Capital construction, equipment, equipment maintenance, furniture
- Alcohol
- Research

\*Please note this is NOT an all encompassing list, it would be almost impossible to list every single expense. Please feel free to reach out and clarify if an expense is allowable before including in your draft budget.